



# November Events

at the

## Scripps Miramar Ranch Library

**Note:** The library will be **closed** on the following City of San Diego holidays:

- Monday, **November 11** (Veterans Day)
- Thursday and Friday, **November 28 and 29** (Thanksgiving)
- Saturday, **November 30** (Fumigation)

### Friend Us!

This is a great time to join the Scripps Ranch Friends of the Library (SRFOL)! Join now and your membership will be good through December 2025. If you love our library, or you and/or your family are avid readers, enjoy the free library programs, or would like to give back to your community, please consider growing from a library user to a true Friend of our library!

SRFOL makes possible the purchase of approximately half of all of our library's new books, media, and subscriptions each and every year. Also, funding from SRFOL makes possible all of the "express" books—those high-demand books with the red B&T labels on the spines which don't float to other libraries and are available for check out only to those who visit our library. In addition, SRFOL provides funding for library programs for children of all ages, teens, and adults. SRFOL also participates in advocacy on behalf of our Scripps Ranch Library. Together, SRFOL members help make our library be its best.

Visit <https://www.srfol.org> or the library to learn about membership benefits and to join.

### Book Discussion Group

The Book Discussion Group has returned to in-person meetings! This month the group is reading *Drift: The Unmooring of American Military Power* by Rachel Maddow. Join the discussion on Thursday, November 1, from 12:30 to 2 pm in the library's Seminar Room. Participants may bring their lunches. New Members are welcome! Copies of this book are available at the circulation desk.

### Music Program

"The Pleasure of Your Company" concert series, sponsored by SRFOL, welcomes back the Rob Thorsen Trio on Sunday, November 17, at 2:30 pm. Bassist Rob Thorsen, pianist Melonie Grinnell, and drummer Richard Sellers will perform an eclectic mix of jazz, Latin, and original compositions.

There is no charge for the concert, although donations are appreciated. Masks are recommended although not required.

Visit <https://www.srfol.org> or call (858) 538-8158 for information. Visit <https://www.srfol.org/music.htm> for the schedule of monthly concerts and information about sponsorship opportunities.

## Grace's Book Nook

Shop at Grace's Book Nook, open Monday through Saturday during library hours, for great bargains on gently used books and more for all ages and reading tastes. This month's 2nd Saturday pop-up sale is on November 9, from 10 am to 2 pm.

Your tax-deductible donations of gently used books are always welcome and can be brought to the library's circulation desk. All proceeds help support our library.

There are currently openings for a couple of additional volunteers to cover weekly or alternate week 2½ hour shifts in the Book Nook. Email [booknook@srfol.org](mailto:booknook@srfol.org) to learn more about volunteer opportunities.

## Programs for Children and Teens

Engaging programs for kids and teens continue at our library this month. Unfortunately, several programs made possible through SRFOL's financial support, including several popular children's programs, are temporarily on hold through December due to changes in payment processing procedures mandated by the City. Mini-Movers and Music, the Art Smarts, Family Arts, and Toshwerks programs are affected.

- **Storytime:** Every Wednesday at 10 am in the Community Room. Storytime regularly incorporates books, songs, fingerplay, rhymes, and more. Geared toward preschoolers ages 2– 5, but babies and toddlers may also enjoy.
- **Rocketry:** Thursday, November 7, 3 pm; K–grade 2. Hands-on rocket-building adventure with the San Diego Air and Space Museum!
- **Chess Club:** Saturdays, November 9 and 23, from 11 am to 1 pm. A free chess club, hosted by Level UP Enrichment, providing boards, pieces, and a great instructor to help you play chess! Parents must be present with students at all times and are encouraged to play along as well. Recommended for ages 6–12; open to all!
- **Pajama Signing Storytime:** Tuesday, November 12, from 6 to 6:30 pm. A cozy and fun event for families with young children combining the joy of bedtime stories with the added bonus of Baby Sign Language (ASL). Presented by Jennifer Duncan of Signs at Play. Participants are encouraged to wear their pajamas (optional) and bring a stuffed animal for snuggles as they experience a children's book being read and signed. Sponsored by SRFOL.
- **Special Storytime with Author Devin Elle Kurtz:** Wednesday, November 13, at 10 am. A visual development artist, illustrator, and lead background artist on the Netflix animated series, "Disenchantment," Devin will read her picture book, *The Bakery Dragon*, at this special storytime event.
- **Explore the Shore!** Thursday, November 21, at 4 pm; children and adults of all ages. Exciting, hands-on program in partnership with Seal Society of San Diego.

- **Family Board Game Afternoon:** Saturday, November 23; for children ages 2–17 and families. Fun-filled afternoon playing award-winning board games. In partnership with Toy Hermit.
- **Kamishibai StoryBox Theatre:** Tuesday, November 26. at 6 pm. Presented by Write Out Loud San Diego, "StoryBox" is the American name given to the Japanese storytelling tradition called *kamishibai*. StoryBox combines dramatic storytelling with a wooden theatre to showcase illustrations in an engaging family-friendly storytime experience for all ages!
- **In-N-Out Cover to Cover Reading Program:** Through November 16; ages 4–12. Read 5 books and receive a free hamburger/cheeseburger from In-N-Out! For details, see: <https://www.sandiego.gov/public-library/cover-to-cover>.

### Ongoing Programs for Adults

- **Mindful Meditation:** De-stress with Mindful Meditation, presented in collaboration with the Healthy Adventures Foundation, on Mondays at 1 pm. Take advantage of this opportunity to unwind as you participate in meditative breathing, guided imagery, and muscle contraction-relaxation exercises, which can help lower blood pressure, heart rate, and stress. Participants will learn how to use these techniques in their everyday lives. Sponsored by SRFOL.
- **Fun and Games for Seniors:** Join a convivial group of community members to play a variety of board games, etc. on Tuesdays from 12:30 to 3 pm and Thursdays from 10 am to 12 pm. Presented collaboration with Scripps Ranch 50 Plus.
- **Knitting Group:** The knitting group meets in the Seminar Room on Tuesdays from 12 to 2:30 pm. Open to all ages and skill levels. Learn the art of knitting. Bring a pair of needles, and we'll help get you going; yarn available if needed. See how much fun and gratifying knitting can be!
- **Open Beading:** The group of beading enthusiasts meets in the Seminar Room on Wednesdays from 9:30 am to 2 pm. Beaders of all levels are welcome, including beginners. Bring your own supplies.
- **Garden Share:** Saturday, November 9, from 2 to 3:30 pm. Join us to share your garden. Bring what you have to share; take home something you really want. Be sure to bring a bag to take home your finds! What to bring: Any extra bounty from the garden (produce, fruit, herbs, flowers, plants in pots), seeds, seedlings, tools. Anything garden related is welcome. Come meet your fellow gardeners in the library's courtyard and share experiences! In collaboration with Sustainable Scripps Ranch.
- **Aging Successfully Lectures:** Fridays, November 8 and November 15, from 10 to 11:30 am. Join us on November 8 for an introduction to mild cognitive impairment, Alzheimer's disease, and other dementias. Learn about risk factors, common symptoms, and resources for help. The program on November 15 will focus on "A Deeper Dive into Estate Documents." Many of us already have essential estate documents such as wills, trusts, and powers-of-attorney. Don't miss this opportunity to get a better understanding of these documents and to learn what issues/needs for updates may arise over the years. Don't know what the essential estate documents are? Come and find out! Presented in collaboration with Scripps Ranch 50 Plus. Free and open to the community!

## Library Parking Update

The first phase of the library parking lot expansion project is now complete, and the upper lot has reopened. The lower lot remains completely closed, and there is no access from the overflow parking area on Meanley Drive, so parking at the library is currently even more limited than before. Check <https://www.srfol.org> for more information. We are looking forward to completion of the expansion, which will add 47 more parking spaces to the original 70 plus a second exit to the parking lot with a traffic light.

**Note: It is now possible to drive into the upper lot and return books to the outside book drop.** You may wish to plan to visit the library when it is less busy; these times may include:

- Monday and Tuesday: 11:30 AM to 2:30 or 3 PM; 6 to 8 PM
- Wednesday – Friday: 9:30 AM to 2:30 or 3 PM; 5 to 6 PM
- Saturday: 3 or 4 PM to 6 PM

## Social Media

- Facebook: @ScrippsMiramarRanchLibrary, @SDPLVirtualHub, @GracesBookNook
- Instagram: @srfolibrary, @sdpubliclibrary, @sdplteens

For details and updated information about programs and library happenings, check:

- SRFOL website [ <https://www.srfol.org> ], or
- Library's Facebook page [ <https://www.facebook.com/ScrippsMiramarRanchLibrary> ].