



May Events

at the

Scripps Miramar Ranch Library

IDEA Lab Update

The IDEA Lab is now open by appointment on Tuesdays, 1 pm to 4 pm. Library patrons can use one of our 3D printers, the Glowforge laser printer, the Cameo vinyl cutter, and other state-of-the-art technology in the expanded maker space at our library! Materials are funded by Scripps Ranch Friends of the Library (SRFOL). Book an appointment at:

<https://www.sandiego.gov/public-library/idea/sr>.

Music Program

The “Pleasure of Your Company” concert series, sponsored by SRFOL, welcomes clarinetist Vladimir Goltsman and pianist Dmitry Kirichenko on Sunday, May 19 at 2:30 pm. Join us for a delightful afternoon of music for clarinet and piano including works from the Baroque through Romantic eras and beyond. There is no charge for the concert, although donations are appreciated. Masks are recommended but not required at this time.

Programs for Children

If required, please register at <https://sandiego.librarymarket.com>.

- **Storytime:** Every Wednesday in the Community Room plus 1st and 3rd Thursdays (May 2 and 16), at 10 am in the Children’s Storywell. Storytime regularly incorporates books, songs, fingerplay, rhymes, and more. Geared toward preschoolers 2-5, but babies and toddlers may also enjoy!
- **Spring Into STEAM:** Portable Planetarium – Explore the Night Sky: Saturday, May 4, 11 am. For youth ages 9-12. Take an out-of-this-world journey inside the portable planetarium! Explore the night sky, visit constellations and galaxies, and learn about our solar system. This program includes special effects, such as lasers and music. Presented by Full Spectrum. Online registration is required at: <https://sandiego.librarymarket.com>.
- **Decorate a Butterfly House Craft:** Tuesdays, May 7 and 14, 4 pm. Celebrate Earth Day by decorating a Butterfly House to take home and keep. Recommended for ages 8 and up. supplies will be provided, but online registration is required at: <https://sandiego.librarymarket.com>. Wear paint-friendly clothes. Sponsored by SRFOL.
- **Chess Club:** Saturdays, May 11 and 25, 16, and 30, from 11 am to 1 pm. A free chess club, providing boards, pieces, and one of our great instructors to help you play chess! Parents must be present with students at all times and are encouraged to play along as well.

- **Craft programs with ToshWerks:** Wednesdays, May 8 and 22. Join us and local artists Toshwerks for a fun, hands-on DIY crafty project recommended for ages 8 and up. All supplies will be provided, but online registration is required at: <https://sandiego.librarymarket.com>. Project TBA. Sponsored by SRFOL.
- **Mini-Movers and Music:** Monday, May 13, at 11:30 am; ages 0–5. This is the perfect class for all those mini-movers out there! Filled with creative movement, lots of fun, music, and dance games, this energetic and expressive class will have your child learning age-appropriate dance moves, motor skills and rhythm. A new theme each week guarantees fun and excitement all session long! Sponsored by SRFOL.
- **Pajama Signing Storytime:** Tuesday, May 14, 6 pm. A cozy and fun event for families with young children combining the joy of bedtime stories with the added bonus of Baby Sign Language (ASL). Presented by Jennifer Duncan of Signs at Play. Participants are encouraged to wear their pajamas (optional) and bring a stuffed animal for snuggles as they listen to a children’s book being read and signed. Sponsored by SRFOL.
- **Family Arts Project: Cherry Blossoms:** Wednesday, May 15, 4 pm. Create a zoomed-in image of a cherry tree in bloom. Draw the trunk and a few branches with a black marker to create some visual texture. Then we’ll add blossoms with pink and red tissue paper squares. No reservation required, but supplies are provided on a first-come-first-served basis. Sponsored by SRFOL.
- **Art Class with Art Smarts:** Thursday, May 16, at 4 pm. Fun, exciting one-hour art class for ages 5–17. Supplies are provided, but limited; first come, first served. Project TBA. Sponsored by SRFOL.
- **Kamishibai StoryBox Theatre:** Tuesday, May 28, at 6 pm; all ages. Presented in collaboration with Write Out Loud San Diego, "StoryBox" is the American name given to the Japanese storytelling tradition called *kamishibai*. StoryBox combines dramatic storytelling with a wooden theatre to showcase illustrations in an engaging family-friendly storytime experience for all ages!
- **Dolphin Doctor:** Marine Mammal Medicine Workshop: Wednesday, May 29, 4 pm. Immerse yourself in the captivating world of marine mammal veterinary medicine with our interactive “Dolphin Doctor” workshop. This engaging program delves into STEAM principles related to marine mammals, offering interactive experiments, including a mock dolphin health assessment. This workshop sparks curiosity and a passion for marine mammal conservation, making learning both fun and educational.
- **Do Your Homework @ the Library:** Monday – Thursday, from 3 to 6 pm. Tutor-led homework help for students in grades K–8. Having trouble with that homework? Need a little help? Our friendly Homework Coaches will provide assistance and guide you through your school assignments. You will have access to learning materials; computers, online research tools, and other digital resources available at the library.

Programs for Adults

If required, please register at <https://sandiego.librarymarket.com>.

- **Mindful Meditation:** De-stress with Mindful Meditation presented in collaboration with the Healthy Adventures Foundation, on Mondays at 1 pm. Take advantage of this opportunity to unwind as you participate in meditative breathing, guided imagery, and

muscle contraction-relaxation exercises, which can help lower blood pressure, heart rate, and stress. Participants will learn how to use these techniques in their everyday lives. Sponsored by SRFOL.

- **Fun and Games for Seniors:** Join a convivial group of community members to play a variety of board games, etc. on Tuesdays from 12:30 to 3 pm and Thursdays from 10 am to 12 pm. Presented in collaboration with Scripps Ranch 50 Plus.
- **Knitting Group:** The knitting group meets in the Seminar Room on Tuesdays from 12 – 2:30 pm. Open to all ages and skill levels. Learn the art of knitting. See how much fun knitting can be! Bring a pair of needles and we'll help get you going; yarn available if needed. See how much fun and gratifying knitting can be!
- **Brain Health for Adults:** Thursday, May 9, 1 to 2 pm. You have heard of neuroplasticity, right? No matter what age, profession, or stage in life you are in, learn the top pillars of brain health and best practices to enhance your cognitive, physical, social, and mental wellbeing for optimal functioning.
- **Ageing Successfully Lecture:** Friday, May 10, from 10 to 11:30 am; details TBA. Presented in collaboration with Scripps Ranch 50 Plus.
- **Garden Share:** Saturday, May 11, 2 to 3:30 pm. Join us to share your garden. Bring what you have to share; take home something you really want. Be sure to bring a bag to take home your finds! What to bring: Any extra bounty from the garden (produce, fruit, herbs, flowers, plants in pots), seeds, seedlings, tools. Anything garden related is welcome. Come meet your fellow gardeners and share your experiences in the courtyard! In collaboration with Sustainable Scripps Ranch.
- **Scripps-Mesa Garden Club:** Monthly speakers on a variety of topics of interest to gardeners. The group also tours members' gardens and goes on outings to interesting nurseries and farms. Tuesday, May 28, from 5:30 to 7:30 pm.
- **Book Discussion Group:** Virtual meeting on Wednesday, May 22, 6:30 pm, to discuss *The Remains of the Day* by Kazuo Ishiguro. Email srfol@yahoo.com for details and Zoom invitation. New members welcome!
- **Meditation for Beginners:** Saturday, May 25. *Isha Kriya* is a free guided meditation that takes only 12-18 minutes and can be easily practiced at home, work, or anywhere else. This meditation is designed to promote clarity, health, and joy, and its simplicity and effectiveness make it a truly special experience. Through regular practice, *Isha Kriya* can offer the following benefits: decreased stress and negative emotions, enhanced clarity, heightened focus and energy, greater sense of peace, and joy. (Note: *This is not a library-sponsored event.*)

Grace's Book Nook

Visit Grace's Book Nook, the volunteer-run used bookstore in our library, open Monday through Saturday, for great bargains on gently used and nearly new books, magazines, DVDs, CDs, and more. Your tax-deductible donations of "gently used" books are always welcome and can be brought to the library's circulation desk. Or, a staff member or volunteer can assist transferring your boxes or bags of books into the library. At this time we are especially seeking donations of fiction and nonfiction for adults. What an easy way to support our library! This

month's 2nd Saturday pop-up book sale is on May 11, 10 am – 2 pm. The Book Nook currently has openings for volunteers. Email [booknook@srfol.org] for more information.

James Hubbell Exhibit at Our Library!

The Scripps Miramar Ranch Library is one of several branches selected to host a celebration and exhibit of artist James Hubbell's work through August 4. The overall exhibit and associated program of events is entitled "James Hubbell: Architecture of Jubilation – A Mountain Home and Studios." Those entering our Scripps Ranch Library will have the opportunity to view a number of large graphic panels depicting "Hubbell Mountain Home & Studios"—the source of creativity—where thousands make the pilgrimage to Ilan-Lael to walk its tranquil acreage and marvel at Hubbell's architecture. These grace the entry corridor opposite our striking Terra Triptych stained glass windows created by Richard Spaulding and commissioned by the SRFOL at the time our library was built. For complete information on upcoming related events, check the Art and Culture Exhibitions | City of San Diego Official Website at <https://www.sandiego.gov/arts-culture>.

Parking Lot Expansion Update

The library's parking lot is currently undergoing a much anticipated and long-needed expansion. The first phase of the project is now complete, which is good news! The upper lot has reopened with a new configuration and a few more parking spaces than the original upper lot. However, the lower lot is now completely closed, so that the number of available parking spaces is even fewer than when the situation was reversed.

Furthermore, we have been advised by the City's Engineering Dept. that it will not be possible to allow access to the library from the overflow parking area on Meanley Drive during this phase of construction. Thus parking at the library will be even more adversely impacted than had been previously expected—and, most likely this will continue through the summer of 2025. We are looking forward to completion of the expansion, which will add 47 more parking spaces to the original 70 plus a second exit to the parking lot with a traffic light.

Note: It is now possible to drive into the upper lot and quickly return books to the outside book drop to the left of the main entrance.

The least busy times at the library include:

- **Monday and Tuesday:** 11:30 am to 2:30 or 3:00 pm; 6:00 to 8:00 pm
- **Wednesday - Friday:** 9:30 am to 2:30 or 3:00 pm; 5:00 to 6:00 pm
- **Saturday:** 3:00 or 4:00 pm to 6:00 pm

Social Media

- Facebook: @ScrippsMiramarRanchLibrary, @SDPLVirtualHub, @GracesBookNook
- Instagram: @srfolibrary, @sdpubliclibrary, @sdplteens

For details and updated information about programs and library happenings, check:

- SRFOL website [<https://www.srfol.org/>], or
- Library's Facebook page [<https://www.facebook.com/ScrippsMiramarRanchLibrary>].